

MAY 2010

Ahhhh....May. So many greens as we look at “our” mountains. The daffodils, the forsythia, and the tulips all blooming. It always seems like it takes Spring forever to get here, despite the fact things are happening much sooner this year than average. Our ice went out on our pond Easter weekend, a full 3 weeks earlier than usual. Migrating birds have returned a bit earlier, with the last of them, hummingbirds and rose breasted grosbeaks, arriving by May 6 (this newsletter is being typed May 8). And the rhubarb is already beginning to flower!



A wonderful surprise this spring has been the addition of a pair of wood ducks to the pond. The male is pictured here, and, in my opinion, looks too good to be real! After several emails back and forth with an authority on wood ducks, it is suspected our pair may have a nest nearby. We were encouraged to anchor a “loafing log” in our pond so that any ducklings born and find their way to the water will have a safe place to rest out of the water, but also out of predators’ reach. It will be way cool to wake up one morning and see a line of ducklings hanging out on the loafing log! Of course, this may not happen, but we are loving seeing the pair enjoying our pond, completely undisturbed by the kitties watching from the shore line.

Star Barn is welcoming a Bible Study group from Litchfield, Maine this month for a retreat. This group will not only enjoy the food and accommodations at Star Barn but will also take advantage of Reeds Mill Church, within walking distance of the barn, for a devotional service.

Star Barn Yoga is back to offering 8 classes each week, some at the barn and others in surrounding towns. A new offering is Round Mat classes. Round mats allow you to stay in “your space” and never touch the floor. Round Mat classes are fun and a great workout. Students travel around the mat, connecting one pose to the next. Come try it out!



We should mention we had a wonderful time in NJ with our 18 month old granddaughters, Evelyn and Addison. They are a pretty active pair! Granma Ginni enjoyed doing yoga with them on one of those round mats. Evelyn wanted to join right in (she was very good at Downward Facing Dog). Addison was a bit more cautious and not really sure if it was something she wanted to do. She must take after Grandpa David!

Please make your summer reservations soon, especially for Old Home Week in Phillips (August 15-22). Old Home Days is always a fun time in our neck of the woods!
Ginni and David Robie